



SANFL & COMMUNITY FOOTBALL

RETURN TO PLAY // CONTACT TRAINING

FOOTBALL CLUB CHECKLIST FOR RETURN TO CONTACT TRAINING

This guide has been established to support teams Returning to Contact Training under the current State Government COVID-19 restrictions. The Football Club and Teams have an obligation to strictly adhere to these protocols at every training session. The key principle for training must be **'Get in, Train, Get out'**.



COMPLETE GOVERNMENT MANDATED COVID SAFE PLAN

Businesses (including sporting clubs) that were required to close as part of COVID-19 restrictions must create a COVID-Safe Plan before they can commence or continue training. Completing and implementing your Club's Plan is the best way to ensure your business is compliant and COVID-safe for your players, coaches and the wider football community. Visit <https://www.covid-19.sa.gov.au/recovery/create-a-covid-safe-plan>



TRAINING GROUPS

The club can undertake training in groups no larger than 20 players. Any official (ie: coach) required for the conduct of the activity is not included in the limit, however should be strictly limited to only essential personnel. No more than 4 training groups per oval at any one time (maximum of 80 people) with groups not permitted to interact.



1.5M SOCIAL DISTANCING

The club has advised its participants, coaches, volunteers and parents that all training must strictly observe social distancing requirements of 1.5m, and adhere to the requirement of no more than 1 participant per 4sqm.



ACCESS TO CHANGEROOMS & GYMS

Access to change rooms and gyms permitted for essential activities, such as medical treatment and physical conditioning, however no more than the 1 person per 4sqm at any given time (maximum of 20 in any given area)



MEDICAL SUPPORT STAFF

Medical Support Staff such as Sports Trainers/Physios etc must follow relevant health protocols as outlined in the Medical Support Staff Fact sheet



CLUBS & TEAMS UNDERSTAND THE RETURN TO TRAINING PROTOCOLS

The club and all teams have read, understood and agree to adhere to the Guidelines for a Return to Training in South Australia document provided by SANFL, and available via www.sanfl.com.au



HYGIENE PROTOCOLS ARE IN PLACE

The club has implemented the hygiene protocols as outlined in the Guidelines for a Return to Training in South Australia document.



A REGISTER OF PARTICIPANTS

The club has implemented a log, or register, to keep a track of which participants are in attendance at all training sessions, and this is available upon request by SANFL or SA health authorities.



COVIDSafe App

The club has encouraged all players, volunteers and families to download the COVIDSafe app to help in tracing the spread of COVID-19.



COVIDSafe Officer

The Club has a nominated COVIDSafe Officer and has provided their contact details to the League



LOCAL GOVERNMENT APPROVAL

The club has received **approval from the Local Government** to access the oval for training.



FOLLOW DIRECTIONS

The club and training groups understand that they must follow the direction and advice of Police, Local Government and the League at all times.